

# The Fort Huachuca Scout®



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Photo by Sgt. Susan Redwine

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# Discipline or child abuse?

BY SPC. MARCUS BUTLER  
SCOUT STAFF

What is child abuse? Many people have tried to define this term and make laws accordingly ... but in my opinion, to no avail. The only thing that has been defined is giving the children and lawmakers more leverage on how to tighten the leash on adults.

Now don't misunderstand me, there is a line to be drawn between disciplining your children and abusing them. Of course it goes back to how each and every individual was raised but all discipline is not abuse. If a parent does cross the line of abuse, then they are not fit to have children in the first place.

Going back to biblical times it clearly states in Proverbs 22:15, "Foolishness is bound up in the heart of a

child; the rod of correction will drive it far from him."

That should be taken into consideration when judging a parent on how they discipline their children.

It is apparent that the issue of child abuse is one that is taken very seriously. It is so serious that an entire month has been dedicated to gaining awareness on how to prevent it.

So I ask again, where is the line drawn between abuse and good old fashion discipline?

I see a huge gray area there, and I think in that gray area lies the problem.

You have some hardworking parents that discipline their children the right way. The way that instills in them respect and self-discipline but on the other hand you have those parents who abuse the system as well as their kids.

Personally, there are 15 steps that I fol-

low in disciplining my children. All of my references are taken strictly from the Bible.

Not to go over all 15, there are four of these steps that I think are most important.

First and foremost, you, the parent, obey the Lord and His Word and don't explain it away with psychobabble. Proverbs 29:15, "The rod and rebuke give wisdom, but a child left to himself brings shame to his mother."

What is the way a child should go? Obedience—Ephesians 6:1, "Children, obey your parents in the Lord for this is right."

It is important to know that after proper discipline is administered and the child asks for forgiveness, then this is to be followed up by immediate forgiveness by the parent and a warm hug. The actual, heart felt words "I forgive you" is the best way to convey this.

Patience should be practiced towards a child trying to do something right, not to-

wards a child doing wrong. If a child is earnestly trying to obey a parent but is unable to for legitimate reasons, then the parent should be patient towards the child.

I do believe in physically disciplining my children, and I have a firm grasp on what is going too far when it comes to it. With grounded beliefs in what is right or wrong, the issue of child abuse will be almost nonexistent. Of course there are the situations where some other factors, like alcohol and other drugs, influence a guardian's decision making but those individuals, like I said earlier need not be in any kind of parenting situation period.

So I ask again, can anyone define child abuse? My answer is yes. Discipline is outlined in the Bible and there is no grey area in that outline. Child abuse is anyone trying to make a gray area out of the black and white of this outline. There is no variation necessary.

## Scout On The Street

## What is your most memorable training event?



CADET SGT. BRYCE THURMAN  
ARIZONA STATE UNIVERSITY SUN DEVIL  
ROTC BATTALION

Last night in the patrol base. I was never in charge of it before. It was a good experience.



CADET 1ST LT. DION BLACK  
ARIZONA STATE UNIVERSITY SUN DEVIL  
ROTC BATTALION

We had to tactically climb a hill.



CADET MAJ. MIKE GLOVER,  
ARIZONA STATE UNIVERSITY SUN DEVIL ROTC  
BATTALION

The entire [situational training exercise] lane was all about mentoring.



CADET SGT. SARA FULKERSON  
ARIZONA STATE UNIVERSITY SUN DEVIL  
ROTC BATTALION

Getting five out of five at night land navigation.

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# Keller moves on to greener pastures

## SCOUT REPORTS

The U.S. Army Intelligence Center and Fort Huachuca's deputy commanding general, Brig. Gen. Brian A. Keller, is leaving Arizona to become the director of intelligence for the U.S. European Command.

Keller began his career as a distinguished military graduate from the University of Connecticut's

Reserve Office Training Program in 1980.

He has served at Fort Huachuca since August 2004, after previously serving at Hunter Army Airfield, Ga., Fort Leavenworth, Kansas, Schofield Barracks, Hawaii, Fort Drum, N.Y., Fort Gordon, Ga., Fort Bragg, N.C., Kuwait and Afghanistan. In addition to numerous awards, Keller holds a master's degree in military arts and science from the Advanced Military Studies Program.

The general is set to leave Arizona in June. "I've been privileged to work with some of the best Soldiers, civilians and contractors in one of the best communities in the Army," he said.

"My family and I will miss the wonderful Southwest, but we look forward to the challenges of our new assignment."

## BOSS gets new head of operations

BY SPC. CREIGHTON HOLUB

SCOUT STAFF

Fort Huachuca's main organization for single Soldiers has been in danger of becoming irrelevant.

The Better Opportunities for Single Soldiers was down to just a pair of officers. Even worse, sometimes the officers outnumbered the participants.

"We're trying to get the BOSS program back on its feet," Garrison Command Sgt. Maj. Douglas Sandstrom said. "Two weeks ago we held a meeting, and no one showed up."

This lack of participation hurts the program in many ways, not the least of which is in its ability to elect new leadership.

"There's no way possible to have an election the way it should happen," Spc. Latasha Daniels, the organization's current president, said. "The reason things aren't happening like they should is because of lack of participation."

The lack of participation is a problem area that the new U.S. Army Garrison command sergeant major is addressing.

Sandstrom said he needs to get about 35 representatives together to have what he calls a "legitimate" BOSS presidential election. He suggested new Soldiers, that "just walked in the door," and not Soldiers with three months left at Fort Huachuca should be considered.

"Every position you could think of is open," Daniels said. The six positions that are open are president, vice president, secretary, treasurer, JAG representative and webmaster."

Sandstrom is already looking at bringing in an Army-level BOSS rejuvenation workshop to train the Soldier-representatives.

Soldiers interested in becoming a BOSS representative need to talk to their chain of command because be-

ing a representative is an extra duty assignment. However, single Soldiers who want to help out and have fun at the various BOSS activities in the plan don't have to go through their chain of command.

Two Soldiers took tickets for BOSS-sponsored activities at last year's Spring Festival and brought in about \$1,300 for the program.

Sandstrom is already enlisting the assistance of post establishments and commanders to help the program grow exponentially. Even something as small as a 30-minute survey will be instrumental in his plans.

The sergeant major is also creating a parallel program for initial entry training Soldiers because regulations require that they be separated from permanent party Soldiers. Sandstrom and other top post leadership are keying on keeping the initial entry Soldiers away from alcohol-related incidents that can end a Soldier's career before it really gets started, Sandstrom said.

This year's Spring Festival will see BOSS hosting a jump castle and laser tag event during the April 30 to May 1 event at Tiny Anderson Special Events Park near the Thunder Mountain Activity Centre.

During May, the group wants to have a trip to Puerto Penasco, Mexico, (commonly called Rocky Point.) However, the key hurdle is completing the paperwork that several commanders will need to sign for the trip to happen. There is a June pool party also in the plans. July's Independence Day plans include a paintball tournament and a car wash; then a block party at LaGuardia St., next to the Thunder Mountain Village barracks is on tap for August. The last BOSS activity covered in the meeting was an Xbox video game "Halo" tournament in September.

The committee also had an idea to take Soldiers to the Grand Canyon, but the details need to be worked out, as do the details for all other BOSS activities that are currently only on tap.



Photo by Spc. Marcus Butler

### Change of Responsibility

**Col. Jonathan B. Hunter, garrison commander, accepts the garrison colors from Command Sgt. Maj. Robert Voss to present them to new Garrison Command Sgt. Maj. Douglas Sandstrom during Voss' retirement ceremony held at Brown Parade field.**

## Army restores tuition assistance, offers back payment

### ARMY NEWS SERVICE

Army tuition-assistance funding has been restored following a period in February and March when demand exceeded funding available at many installations.

The Army's Human Resources Command has also issued an exception to policy authorizing "after-the-fact" tuition assistance reimbursement for Soldiers who incurred personal expense to continue with college courses.

"This is a one-time exception due to the extraordinary circumstances in February and March when many education centers were unable to provide tuition assistance," L. Dian Stoskopf, chief of Human Resource Command's Education Division said, in a memorandum authorizing installation education centers to offer the exception.

"Our hope is that we can reach every one of the Soldiers who ran into a problem with tuition assistance," said Patricia Dumire, chief of Army Continuing Education Services for the Army's Installation Management Agency.

The Installation Management Agency distributes tuition-assistance funding from the Army to the installation education centers. This year the Army Budget Office has allocated funding to IMA on a quarterly basis. College enrollment timelines typically peak in September through March, which doesn't quite fit into the new system of equal quarterly allotments. In the future, funding for tuition assistance will be centralized to eliminate the problem, officials said.

Funding for tuition assistance dried up unexpectedly in March because of exceptionally high

Soldier demand, officials said.

"In a way, this is a good news story," Dumire said. "Soldiers are taking advantage of their tuition assistance benefits to enhance their education."

The Installation Management Agency has received \$21.4 million to subsidize the immediate tuition assistance shortfall. Soldiers who paid for courses out of pocket or who did not register for a class due to lack of funding should go to their installation education center by April 15 to make arrangements for tuition reimbursement or late enrollment.

Requests for special exception after April 15 will be forwarded to Human Resources Command for consideration.

(Editor's note: Information provided by IMA Public Affairs.)

# Ancient weapon found on post

BY SGT. SUSAN REDWINE  
SCOUT STAFF

Decades ago, the stone head of an ancient projectile was found near Soldier Creek on post. In 1969, it was donated to the Arizona State Museum, and recently, it was cataloged into the museum's collection.

The chipped-jasper projectile point measures 4 centimeters in length with a width of 2.5 centimeters, according to the museum's catalog information. The point also has fluting on the sides that allows the point to be attached to the shaft of a spear or arrow.

But perhaps the most unique thing about the object is its history.

The fluting indicates that it's from the Clovis culture, a group of paleo-Indians named after the New Mexico town where evidence of their existence was first discovered. The Clovis were the oldest people on the continent and inhabited most of North America before

evolving into distinctive groups of Native Americans, Dr. Charlie Slaymaker, post archeologist, said.

The site in Clovis, N.M., was discovered in the 1930s and since then sites have been found throughout the Southwest, Slaymaker said.

Most points, like the one found on Fort Huachuca, average about 6 inches in length, but some are bigger. Slaymaker said the projectile point found on Fort Huachuca is estimated to originate from about 10,000 B.C.

One important site is located nearby in the San Pedro Riparian National Conservation Area, the Murray Springs Clovis Site. Many Clovis artifacts have been found at the site, which was discovered by a University of Arizona archeologist in the 1960s.

"Murray Springs is the most remarkable [Clovis site in the San Pedro Valley] because of the incredible lack of disturbance, a camp site, associated bison and mammoth kill areas, and mam-

moth tracks that cross through the site," according to information provided by Slaymaker. The site contained evidence that the Clovis people not only killed the mammoth, but butchered the animal there.

Slaymaker said Clovis hunters used a water-soluble glue to attach the points to weapon shafts so that they would detach once they penetrated the animal's skin and aggravate the wound. When the animal was killed, the points could be recovered and reused.

Slaymaker said paleo-Indians were very mobile, and the reason that very few sites have been discovered is because they were so ephemeral. They hunted large animals, or "megafauna," and perhaps over-hunted them, Slaymaker said.

The evolution of Clovis to the various Native American tribes evolved

when the people formed other hunting-gathering and agricultural-based strategies, he said.

"I would argue the change occurred 8- to 9,000 B.C., when the megafauna disappeared," he said.

However, the Clovis point found near Soldier Creek is the first evidence of the culture on post.

"It's very exciting because it means we had Clovis 10,000 B.C. on Fort Huachuca," Slaymaker said. He added that he's identified other sites on post that are likely to contain Clovis artifacts, but none of them have been excavated yet.

Federal and Fort Huachuca regulations exist regarding the discovery and removal of artifacts and historic property. If you find an artifact, do not pick it up or remove it. Call Slaymaker at 533-9089.

## Historic tree succumbs to drought

BY SGT. SUSAN REDWINE  
SCOUT STAFF

A landmark that had stood since the birth of Fort Huachuca had to be removed March 24. The Heritage Tree at Heritage Park on post had to be cut down because its health had deteriorated over the last few years due to drought.

Eventually, it was determined that the tree was beyond recovery and had to be removed because of safety concerns.

"The belief is that it grew there naturally, and was probably a small shade tree when Capt. Whitside camped in the area while scouting a spot for what is now Fort Huachuca," Gretchen Kent, Compliance Branch chief, said.

The tree stood in Heritage Park, which was dedicated in 1999 and was established in order to set aside and clean up the riparian area, as well as preserve land of historical significance, according to Kent.

A plaque at Heritage Park reads, "This wooded area is set aside to remain in its natural state and serve as a reminder of the U.S. Army Intelligence Center's rich heritage and concern for environmental stewardship. On March 3, 1877, Captain S. M. Whitside established Camp Huachuca at the mouth of Huachuca Canyon along the stream bed lying just beyond this monument. The captain's mission was to establish a camp for U.S. cavalrymen to protect Arizona Territory settlers from Apache raiding parties. The actions of Captain Whitside and his troops demonstrated the values of courage, selfless service, and duty to our nation. These same values are exhibited by today's military intelligence soldiers serving here at Fort Huachuca and in assignments worldwide."

Since its dedication, many volunteers, including Soldiers and Boy Scouts, have worked to keep the park in shape for visitors.



Photo by Dan Simon

### B Troop Riders

*Members of Troop B, 4th Regiment, U.S. Cavalry (Memorial), better known as "B Troop" conduct a full-out cavalry charge during a ceremony at historic Brown Parade Field.*

# Post seeks new superintendent

BY AMANDA KEITH  
SCOUT STAFF

The search is on for a new superintendent of schools for Fort Huachuca.

The new superintendent selection will be announced either Friday evening or at the latest, Monday morning. The current superintendent, Dr. Guillermo Zamudio, resigned his post a year ago.

"The job [I] have been hired to do has been done, and it's time to move on," Zamudio said. He will be staying on as the superintendent through June 30. With his impending exit, a new superintendent is needed for the post's schools (Myer Elementary School, Col. Johnston Elementary School and Smith

Middle School) and 1,240 students of Fort Huachuca.

The candidates will be spending today in the district and at 6 p.m. tonight, a "Meet the Candidates" forum will be held at Smith Middle School.

In the running for superintendent are Dr. Ronda Lynne Frueauff of Chillicothe, Ohio, Maudelynn "Connie" Johnson of Fort Huachuca, Casey O'Brien of Fort Huachuca and James Nelson of Mayer, Ariz. Dr. Linda Larson of Bullhead City, Ariz. and Dr. David Gray of Monument, Colo., two candidates invited to be interviewed for the position, have withdrawn from consideration.

The applicants were chosen from a pool of 12 candidates. Nineteen members of the Community

Review Committee (consisting of members of the community, school staff and the governing board) screened the applications that Search Solutions, a consulting firm, found for the position.

Then, an executive session decided on the four candidates for the position. Pat Marsh, director of special education, Kim Tomlin, Myer teacher and Fort Huachuca Education Association president, Frank Bell, Johnston teacher and representative on advisory board, Patty Brenner, advisory board parent representative from Smith Middle School, Col. Timothy Quinn, the garrison commander representative, and Trudy Berry of the Fort Huachuca schools' governing board chose the final four candidates.



# Coffee house ministry debuts Friday

BY SGT. SUSAN REDWINE  
SCOUT STAFF

It won't be named "Central Perk," and you're chances of spotting Monica, Chandler, Joey, Phoebe, Ross and Rachel will be pretty slim, but the folks at the chapel are hoping the "Oasis" they've created will still be a hit with their target demographic.

The idea is to offer young Soldiers fresh from basic training a haven a couple of Fridays a month where they can relax, listen to music and enjoy a good cup of Joe.

The program is called the "Oasis Café," and will be held from 7 to 10 p.m. every month on the two non-pay-day Fridays at the Prosser Village Chapel.

"We really wanted to have some fun," Chaplain (Col.) Douglas Kinder, installation chaplain, said. "Soldiers can enjoy a weekend at low-cost or no-cost and can relax after a long week."

Approximately \$1,500 worth of furniture, coffeemakers and gourmet coffee were purchased with chapel funds to get the program started.

Everything at the coffeehouse is free, including admission, coffee and snacks, Kinder said. Performers and coffee-slingers are volunteers, and baked goods are provided by chapel volunteers, he said.

"We're not vendors here," Kinder said. "This is a ministry."

Despite the religious foundation of the project, the coffee house is meant to be a relaxed place for initial entry

training Soldiers to hang out. Kinder said he expects Soldiers to come and go as they please and bring books to read or study. Board games will be provided and a candle-lit room will offer a laid-back atmosphere. During the warmer months, outdoor furniture will be set up in order to sit and enjoy the night, he said.

The band for the first evening will be a four-person ensemble, playing modern, upbeat Christian music, that performs at the Crossroads contemporary worship service at 11 a.m. Sundays at the Cochise Theater. Eventually, as the program grows, bands from Sierra Vista and Tucson will be invited to play, Kinder said.

"We're focusing on the young Soldiers in training because they don't have a lot of options," the chaplain said.

Kinder said he has experience with a similar program that he helped put together at the Defense Language Institute at the Presidio of Monterey, Calif. He said on a good night, about 200-300 people would pass through the coffee house, and he would have to usher people out the door when it closed.

"We're starting out somewhat barebones [on this project] but anticipate expansion," Kinder said.

"This project was driven by need and our honest assessment as to what that need is about," Chaplain (Maj.) Glen McFarland, family life chaplain, said. "We do honestly feel that this is a needs-driven chaplain ministry."

"We want to reach beyond the four walls of our chapel on Sundays," Kinder said. "We feel like it's the tip of the iceberg. I think people will like the product."



Photo by Sgt. Susan Redwine

## UAV maintenance

***Spc. Jacqueline McFayden, Company E, 305th Military Intelligence Battalion, performs maintenance on a Hunter unmanned aerial vehicle March 31 at the UAV Training Center on post.***

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# Fort Huachuca will host GIPC

BY KAREN GOLD

COMMUNICATIONS SECURITY LOGISTICS ACTIVITY

The U.S. Army Communications-Electronics Command, Communications Security Logistics Activity is hosting its 14th annual Global Information Security Partnership Conference from May 3 to 5 at Fort Huachuca.

The conference theme for this year is "Communications Security – from Concept to Combat."

The event is a mutually participative conference designed for the professional exchange of current information, topics and issues related to information security, communications security and information assurance between communications security custodians, signal officers, warrant officers, senior noncommissioned officers, communications security maintenance officers and others working in the information security field. To attend the conference, you must be a U.S. citizen and have a security clearance of secret or higher.

A wide range of topics will be presented, addressing both current and future information security equipment acquisitions, communications security auditing, policy and procedures, security, threat protective technologies, and many others.

Training and information sharing will be accomplished through workshops, lectures, hands-on opportunities, individual discussions and displays provided

by CSLA, Department of Defense, and contractor representatives. All lectures, workshops, and displays will be conveniently co-located at Greely Hall, Fitch Hall, and the CSLA Carter Street New Equipment Training facility. Shuttles will continuously run throughout the day to get attendees to their workshop locations, as well as from the parking areas to all workshop locations and back.

The conference fee is \$100 per person. This fee covers all conference sessions, workshops, presentations, briefings, and the Icebreaker social event, but does not cover the cost for the conference luncheon.

A conference Web site is available for on-line conference registration, workshop registration, and credit card payment. The Web site address is [www.gipccsla.com](http://www.gipccsla.com).

For more information about GIPC 2005, refer to the Web site or contact the following specialized points of contact:

For Web site or general conference information: Sydney Torres, (520) 538-7529, e-mail: [sydney.torres@csla.army.mil](mailto:sydney.torres@csla.army.mil) or Karen Gold (520) 538-7583, e-mail: [karen.gold@csla.army.mil](mailto:karen.gold@csla.army.mil).

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To be a vendor exhibitor: Mike Calabrese, (520) 538-6924, e-mail: [michael.calabrese@csla.army.mil](mailto:michael.calabrese@csla.army.mil).

## TRICARE Reserve Select Health Plan

TRICARE MANAGEMENT ACTIVITY

Beginning in April, the Department of Defense will implement TRICARE Reserve Select, a premium-based health care plan available for purchase by certain eligible members of the National Guard and Reserve who have been activated for a contingency operation on or after Sept. 11, 2001. It will provide comprehensive health care coverage similar to TRICARE Standard and Extra for reserve select members and their covered family members. Tricare Reserve Select is authorized under the National Defense Authorization Act for Fiscal Year 2005. The monthly premium for member-only coverage is \$75 and \$233 for member and family coverage.

The member's Service/Reserve Component personnel office will determine his or her eligibility to purchase this coverage. To qualify, members must have served on active duty for 90 consecutive days or more on or after Sept. 11, 2001, in support of a contingency operation, and enter

See **TRICARE**, Page 14

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# DoD to participate in National Alcohol Screening Day

## ARMY NEWS SERVICE

The Department of Defense announced Monday that military facilities will participate in National Alcohol Screening Day today.

This annual outreach is funded by the National Institute on Alcohol Abuse and Alcoholism and the Substance Abuse and Mental Health Services Administration of the Department of Health and Human Services, which provides free alcohol screening and education materials to participating organizations and individuals. “Alcoholism knows no boundary,” said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs. “The early identification of alcohol problems coupled with effective education and treatment saves lives and improves our force readiness.” The department

had more than 100 military facilities participate in this important program last year and encourages even greater participation this year.

Elimination of alcohol abuse is one of three key health issues identified by the department, along with weight management and tobacco cessation.

Organizers point out that this screening program is designed to include military personnel, government civilians and family members as well. All military facilities are encouraged to register and participate in this helpful program and to use the materials when appropriate for local circumstances. The NASD kit of materials contains screening forms, educational flyers and brochures, posters and a video, and a procedure guide to help personnel plan an alcohol-screening event.

The screening program is relevant for anyone who drinks alcohol.

One facility that had a successful program last year, for example, was Tinker Air Force Base, Okla. “The thing that amazes me,” said Mildred Fitch, of Tinker’s ADAPT program, “is that we found our people sharing the information with their families.”

In another successful program, held by Fort Benning’s, Ga., substance abuse program, Yvonne Wilbanks explained that, “We involved troop medical clinics to help target the high-risk population. It was a good program for our Soldiers, because a lot of them are young, college-age people, so it was a chance to get them information explaining what is considered normal and what is not. Soldiers told us they don’t often get a chance to find out [about the dangers of alcohol] until they have a problem and get in trouble.”

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# Sun Devils invade desert post

BY SPC.  
CREIGHTON HOLUB  
SCOUT STAFF

After seven weeks of training for one major event, the Arizona State University Sun Devil ROTC Battalion invaded Garden Canyon for a three-day spring field training exercise last weekend called Operation Desert Thunder.

For the college juniors, it was their last chance to polish their soldiering skills before heading to Fort Lewis, Wash., for a camp where they are graded against all other ROTC cadets for placement on

the lieutenants' order merit list.

"We were issued a sleeping bag, a sleeping mat and two MREs," cadet Sgt. Bryce Thurman, a college junior said. Thurman was put in charge of the juniors' patrol base Saturday night at area M. "We set up a rectangular security of four

squads. I had to disseminate information about the traffic control point (to the cadets)."

He thought the class was going out on a patrol that

night, so he told the squad leaders to make an alert plan with one third of the cadets sleeping at once. After running tactical training lanes for 12 hours earlier

that day, his cadets got a 1 a.m. sleep call.

One of the training lanes was a reconnaissance only event.

"It was pretty tough," Thurman said. "We had to walk up a steep hill for about 350 meters. Then we set up an objective rally point and walked up the rest of the hill."

The graduating class of cadets oversaw the field training exercise. They played the parts of observers, trainers, graders and leaders.

"The entire lane (training) was all about mentoring," cadet Maj. Mike Glover said. "It's just the walking steps to giving an operations order."

The cadets had to focus on their environment and how it changed with night and day.

Balancing college with their student-Soldier duties is tough

according to one of the battalion's cadet first sergeants.

"I think it's going to prepare me better (to be an officer)," cadet

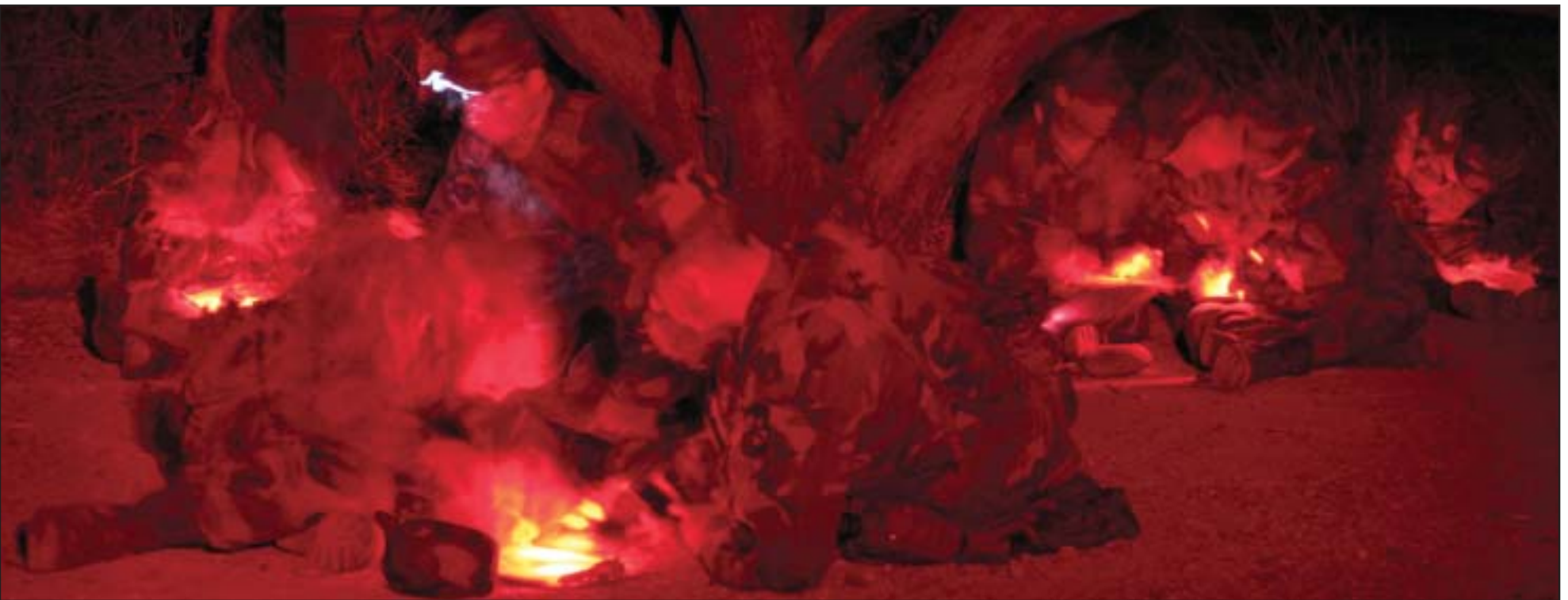
1st Sgt. Raymar Alfonso said.

"Organization is one of the things I've learned."

See ROTC, Page 14



**Cadet Kevin Badger, Arizona State University Sun Devil ROTC Battalion, leads his team during the program's spring field training exercise at Garden Canyon.**



Photos by Spc. Creighton Holub

**Arizona State University Sun Devil ROTC Battalion cadets battle little sleep and the darkness of night Saturday before their night land navigation exercise.**

## Ex-intel NCO returns to Huachuca to lead again

BY SPC. CREIGHTON HOLUB  
SCOUT STAFF

A former Army counterintelligence agent who trained at the military intelligence school here has returned to lead Soldiers again.

Cadet Capt. Erin Kelly, a participant in the Arizona State University Sun Devil ROTC Battalion and a Soldier in Company D, 301 Military Intelligence

Battalion, returned to Fort Huachuca for her ROTC unit's field training exercise last weekend for Operation Desert Thunder.

Kelly rose to the rank of sergeant before switching to the officer side of the Army.

"When you're a noncommissioned officer, you're used to being hands-on," Kelly said. "As a cadet, I'm thinking about the execution of operations."

She works as the supply cadet, a position similar to a supply sergeant, at the ROTC battalion, and she ensures that the

battalion's cadets are fully equipped to learn how to lead Soldiers. She issues cadets everything from their battle dress uniforms to their ruck sacks.

"I'm in charge to make sure that all the support goes on," Kelly said. "I have work in conjunction with the S-3 (training and operations) and the S-1 (personnel)."

Her experience as a sergeant was different from her current duties, if only in scope.

"When you're on the ground (as a

sergeant) you're thinking about getting to your next point," Kelly said, "and when you're going to have a rest break.

"Now I'm worried about taking care of more people."

Then she went back to checking on the unit's post-field training exercise lunches and making sure all their equipment including plastic "rubber duck" M-16s, sleeping bags, paintball guns and other training gear was on the vehicles to take back to Tempe.

# Federal law assists troops

ARMED FORCES NEWS SERVICE

Federal law prohibits mortgage lenders from immediately foreclosing on homes owned by servicemembers deployed overseas on military duty, a senior legal officer noted.

All servicemembers, including those deployed, are protected under the Servicemembers Civil Relief Act, signed by President Bush on Dec. 19, 2003, said Army Col. Christopher Garcia, director of legal policy at the Office of the Undersecretary of Defense for Personnel and Readiness.

"The SCRA includes a provision that protects against default judgment," Garcia explained. "In any civil action, such as a lawsuit or a foreclosure, in which the defendant does not make an appearance, the court must require the plaintiff bringing the suit to file an affidavit saying whether or not the other party in the lawsuit is a servicemember."

And, if the party being sued for foreclosure or some other debt action is a servicemember, Garcia continued, "then the SCRA requires the judge to do certain things to protect the servicemember's rights" under the law.

For example, he said, the courts "are required to stay the court proceedings for a minimum of 90 days until the servicemember can be present to assert a defense." Most often, such court cases are delayed until the servicemember has completed his or her overseas deployment, Garcia pointed out.

Garcia said he had no specific information regarding recent news reports saying some deployed servicemembers have had their homes foreclosed on or had other assets seized in contradiction to the law.

Business-community compliance with the SCRA "generally has been very good," Garcia noted. Yet, he acknowledged, there have been "isolated cases of noncompliance." This usually occurs, Garcia said, "when a lender, or landlord, or other person dealing with a servicemember is unaware of the law."

After lenders and other creditors become aware of the law, they usually comply with it, Garcia said.

All active, Reserve and Guard troops on active duty, Garcia said, can contact their local military legal assistance officers to assist them in enforcing SCRA-specified rights.

Servicemembers and their family members can personally visit legal assistance offices. A legal assistance attorney can "draft a letter or make a phone call," he pointed out. If the creditor refuses to comply with the SCRA, either the servicemember can sue privately, or the Department of Justice can bring an enforcement action in federal court.

The SCRA is an update to the Soldiers and Sailors Civil Relief Act of 1940, which was established to provide protections to deployed troops who have difficulty meeting their personal financial and legal obligations due to their military service.

# AER nearing midway mark

BY ZACHARY GILDIN

ARMY NEWS SERVICE

Army Emergency Relief is approaching the halfway point of its annual campaign to bring in support for 2005.

The campaign — which runs from March 1 until May 31 Armywide, with varying dates within that period for local commands — is designed to not only bring in funds for AER, but also to educate Soldiers about what services are available to them, officials said.

"The goal we established is for every Soldier to have the opportunity to learn about AER and know what emergency assistance is available to them," said Col. Gregory Mason, the AER deputy director for finance.

"We do not set any dollar goals for the campaign; we simply encourage installations to educate their personnel about AER," Mason said. Some installations do set their own local campaign targets, but our objective is to educate the Soldiers,"

AER was established in 1942, and is now considered one of America's top charities, receiving a rating of four stars out of four by Charity Navigator, America's largest independent evaluator of charities.

AER, which has helped more than 2.9 million people with more than \$882 million in financial assistance, is the Army's own emergency financial assistance organization and officials point out it is dedicated to "Helping the Army

Take Care of Its Own."

"We provide financial support to Soldiers for a variety of emergencies. Money can be provided for medical, food, rent, utilities, travel, POV repair, and any other area in which assistance may be needed," Mason said.

AER provides assistance to Soldiers in the form of either an interest-free loan or a grant. This allows for emergency aid for a variety of circumstances.

"We have all probably been in the situation where your car breaks down, and it is going to cost \$3,000 to repair. You may not have that much money at the time, but eventually would be able to pay it back. With AER we can give an interest-free loan, that way you can get the repairs done right away, and then pay back the money over time. For the larger and more costly emergencies in which Soldiers would not be able to pay-back the money, AER is still able to assist by issuing a grant that does not need to be paid back," Mason said.

Assistance from AER is available to all active duty and retired Soldiers and their families including those in the Army Reserve or National Guard, along with the surviving spouses and children of deceased Soldiers.

"The main goal of AER is to help out Soldiers and their families in times of need," Mason said.

For more information about AER, visit the Web site at [www.aerhq.org](http://www.aerhq.org) or call (703) 428-0000

## Advertisement



Range Closures

Today – AA, AD, AG, AL, AM, AW, T1, T1A, T2, T3  
Friday – AA, AD, AG, AH, AK, AL, AM, AR, AW  
Saturday – AA, AH, AK, AL, AR, T1, T1A, T2, T3  
Sunday – AA, T1, T1A, T2, T3  
Monday – AA, AL, AY, T1 T1A, T2  
Tuesday – AA, AC, AD, AL, T1, T1A, T2, T3  
Wednesday – AA, AC, AD, AL, AP, AQ, AV, T1, T1A, T2, T3  
For more information, call Range Control 533-7095. Closures subject to change.

Resumix classes

Roberta Sipes, the post employment readiness coordinator is offering a series of classes on how to use the Army’s new Resumix job search and application system. The classes are being offered both on and off post.  
The Resumix classes are scheduled as follows: 5:30 p.m. – 8 p.m., Monday, Army Community Service conference room, 8 a.m. – 11 a.m., April 20 Cochise County Workforce Development, 1 p.m. – 4 p.m., April 20 Cochise County Workforce Development.  
Resume and Resumix combined classes are scheduled for 8:30 a.m. – 3:30 p.m., at the ACS conference room.  
Shape up your resume classes are scheduled for 9 a.m. – 5:30 p.m. at the Cochise County Workforce Development.  
A job fair is scheduled for 10 a.m. – 2

p.m. April 15 at Windemere Conference Center. The Cochise County Workforce Development center is located at 1843 Paseo San Luis in Sierra Vista.  
For more information on Cochise County Workforce Development, call 458-9309 x 132. All classes are free and open to the public. For more information, call 533-2330.

Technology expo

The Army National Guard G-2/S-2 Workshop Technology Exposition will be held at 10 a.m. – 3 p.m., April 15 at the Thunder Mountain Activity Centre.  
All Fort Huachuca personnel and contractors are invited to attend with no fee. For more information, call Sarah Hill at 888-603-8899 ext. 230.

Financial readiness classes

Army Community Service holds the following financial readiness classes on a monthly basis: checking account management, 9 - 11:30 a.m., the first Wednesday of the month at the ACS Building 50010; budget and planning class, 9 - 11:30 a.m., the second Wednesday of the month, at the ACS Building 50010; and financial readiness training, 1 - 5 p.m., the second Wednesday and Thursday of each month, at Murr Community Center, Building 51301.  
The financial readiness training class is required for first-term E-4 and below. Others are welcome to attend the training also. Please register by calling ACS, 533-

2330, or for more information, call Christine Bachand at 533-6884.

Spouses support group

If you’re an international spouse who would like to learn more about American culture, Army Community Service has a support group for you.  
The International Spouses’ Support Group is designed to assist international spouses in networking, learning English and making friends.  
The next meeting of the group will be held April 14, 6 p.m., at the ACS Building 50010. There is no cost to attend, but please pre-register with ACS at 533-2330.

Newcomers welcome

Army Community Service wants to welcome newcomers to the Fort Huachuca community. The Fort Huachuca Welcome — a newcomer’s orientation — is scheduled for 9 a.m., April 15 at Murr Community Center.  
The orientation will provide information about the installation and the community. A tour of the post is provided. Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Key caller training

Army Community Service will offer key caller/chain of concern training for Family Readiness Group volunteers, 9 - 11:30 a.m., April 27 at the ACS Building 50010.

ACS will train volunteers on how to be effective callers and representatives of the command. Registration is required by calling ACS at 533-2330 or e-mailing [pamela.j.allen@us.army.mil](mailto:pamela.j.allen@us.army.mil).

Tax Center hours

The Fort Huachuca Tax Center will be open from 8 a.m. – noon on Saturday.  
Taxes are prepared on a walk-in basis only. Services are available to servicemembers, dependents, and retirees. Bring photo identification, social security number or tax identification number, 1099s, W-2s, 2003 tax return and any other financial documentation. For more information, call 533-1040.

Free materials

Save your organization money. The Hazardous Material Control Center, Directorate of Logistics, has an inventory of hazardous materials available for issue at no charge. Organizations having valid requirements for hazardous materials may contact the HMCC to coordinate issue. For more information, call Frank Moreno, 533-1263.

eArmyU program mentor

From 1 p.m. – 4 p.m., on April 27, an eArmyU Program Mentor will be at the Army Education Center, Bldg. 52104, Room 2. If you are interested in joining the early program and are a current eArmyU student, call the Education Center at 533-3010/2255.

Chaplain’s Corner

What’s missing in church?

BY CHAPLAIN (COL) ARTHUR PACE  
NETCOM CHAPLAIN

A tongue-in-cheek poet once wrote: “No dashing rain can make us stay when we have tickets for a play; but if a drop the walk besmirch, it is too wet to go church.” But seriously, what difference does it make if we go to church or not? Let me share with a story with you. In a certain mountain village in Europe several centuries ago, a nobleman wondered what legacy he should leave to the townspeople. At last he decided to build them a church. No one saw the complete plans for the church until it was finished. When the people gathered, they marveled at its beauty and completeness. Then someone asked, “But where are the lamps? How

will it be lighted?” The nobleman pointed to some brackets in the walls. Then he gave to each household an oil lamp which they were to bring with them whenever they came to worship.” Every time you are here the area where you are seated will be lighted,” the nobleman said. “Every time you are not here, that area will be dark. This is to remind you that whenever you fail to come to church, some part of God’s house will be dark.”

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		

Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

<u>Main Post Chapel</u>		
CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		

Korean OCIA	Friday	7p.m.
MCCW	1st Friday	7 p.m.

Protestant

<u>Main Post Chapel</u>		
PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

<u>Kino Chapel</u>		
Women’s Ministry	1st,3rd Friday	6 p.m.
Bible Study Fellowship		

Muslim Prayer

Friday	11:30 p.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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Youth group activities

The Fort Huachuca Chapel Youth Groups continue to meet on Sunday nights at the Main Post Chapel. The Middle School meeting is from 4 p.m. - 5 p.m. The High School meetings are from 5:30 p.m. - 7 p.m. Join us for food, fun, friendship and faith. For more information, call Mike DeRienzo at 227-6059.

## Advertisement

ROTC, from Page 10

However, he said the hardest part of the field training exercise was the logistics of the training, not the soldiering activities.

“The logistics, like how many cadets we’re going to have at an event is the most difficult part,” Alfonso said. The cadets had to obtain M-16 rifles from a National Guard unit. After the training was complete, the college juniors had to clean them to the unit’s specifications before returning them.

All parts of the training are designed to build the future Army officer. The fundamental Soldier duties are taught: Loyalty, duty, respect, selfless service, honor, integrity and personal courage are all part of the ROTC program.

The battalion has optional training cadets may volunteer

for. All ROTC units have Ranger Challenge, a physically brutal outdoor training program. The Ranger Challenge cadets go to competition in the fall semester where they compete against other universities in their region and are evaluated on events such as the Army Physical Fitness Test, a timed one-rope bridge construction, crossing and deconstruction, an obstacle course, a 10-kilometer road march, land navigation and M-16 qualification.

The battalion also has a unique group called the Desert Rangers. They conduct extra training that is more tactical compared to Ranger Challenge, cadet Kyle Kuball said. The Desert Rangers played the part of the opposition forces for situational training exercises such as a bunker attack.

The Desert Ranger course ends with a 12-mile

“combat” run to test a cadet’s stamina and endurance and a written final exam testing the knowledge a cadet has gained from the semester’s training.

The battalion is hosted at Arizona State University, but has students from Grand Canyon University and Scottsdale Community College attending the ROTC course in addition to the Sun Devil students at the host school.

For information about joining the Arizona State University ROTC program call Lt. Col. Marian R. Hansen, recruiting operations officer, at (480) 965-7648 or (480) 965-3318. Contact the ROTC battalion via e-mail at [asuarmyrotc@hotmail.com](mailto:asuarmyrotc@hotmail.com) or [marian.hansen@asu.edu](mailto:marian.hansen@asu.edu).

TRICARE, from Page 6

into an agreement with their reserve component to serve in the Selected Reserve for one or more years prior to leaving active duty. For those who have already left active duty, they must enter into an agreement no later than Oct. 28.

Members are eligible for one whole year of this coverage for each whole year of service commitment in the service agreement, up to a maximum of one whole year of coverage for each 90 days of continuous active duty served in support of a contingency operation. For example, a member who served a 360-day

qualifying active-duty period in the Selected Reserve is eligible for four years of reserve select coverage provided an agreement is entered into to serve at least another four years in the Selected Reserve.

This coverage for members and covered family members will terminate at the end of the service agreement, or sooner if the member separates from the Selected Reserve, voluntarily disenrolls from the reserve select program, or fails to pay the monthly premiums.

Updated information on this program

(to include start date, eligibility, benefits and premiums) will be posted later this month on the TRICARE Web site at [www.tricare.osd.mil/reserve/reserveselect](http://www.tricare.osd.mil/reserve/reserveselect). To receive future updates by e-mail as the information becomes available members and family members may subscribe to [www.tricare.osd.mil/tricaresubscriptions/](http://www.tricare.osd.mil/tricaresubscriptions/).

For members who purchase this coverage and have health care coverage under the Transitional Assistance Management Program, coverage will begin the day after their existing coverage ends.

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# Nominate an extraordinary family for award

## NATIONAL MILITARY FAMILY ASSOCIATION PRESS RELEASE

The National Military Family Association is now accepting nominations for the NMFA Family Award. The Award program, now in its second year, recognizes 15 military families that exemplify the best of the military family lifestyle.

Military families know that military service is not a job, it's a way of life. While this lifestyle provides endless opportunities for adventure and learning, at the same time families may be subject to unique challenges. The NMFA Family Award provides an opportunity to recognize those families who have made the most of the adventure and conquered the challenges.

Any Active duty, National Guard, Reserve, or retired family of the seven uniformed services, as well as the families of fallen servicemembers, or families of wounded servicemembers who were

injured on duty within the past three years and have since been discharged are eligible to be nominated. Nominations will only be accepted online at [www.nmfa.org](http://www.nmfa.org) from March 23 through May 31. Winners will be notified by the end of June.

One winning family will receive a grand prize of \$2,000 and a trip to Washington D.C. to be honored at a reception with the program sponsor.

The family will also have the opportunity to present a check in the amount of \$1,000 to a representa-

tive from the charity of their choosing whose work benefits military families. Additionally, NMFA will award \$1,000 to 14 other families and make a \$500 donation in the family's name to the charity they choose whose work benefits military families.

For more information or to submit a nomination, please visit our Web site at [www.nmfa.org](http://www.nmfa.org).

### About NMFA

The National Military Family Association is the only national organization whose sole focus is the military family and whose goal is to influence the development and implementation of policies that will improve the lives of the families of the seven uniformed services. For more than 35 years, its staff and volunteers, comprised mostly of military family members, have built a reputation for being the leading experts on military family issues.



## Advertisement

# A day in the life of



Photo by Spc. Creighton Holub

**Spc. Marcus Washington, wearing black, attacks Spc. Joshua Deason, wearing red, during Headquarters and Headquarters Company, 11th Signal Brigade, combative physical training.**



Photo by Spc. Marcus Butler

**Pvt. Isaiah Robinson, Headquarters, Headquarters Company, U.S. Army Garrison, folds the flag, flown on Brown Parade Field, following retreat. USAG raises and lowers the Brown Parade Field flag daily.**



Photo by Spc. Creighton Holub

**(Above) Second Lt. Jeffrey Des Jarlai, Military Intelligence Officer Basic Course student, takes on the obstacle course. (Below) The sun sets upon a great place to reenlist since 1877. The water tower is a daily sight for Soldiers and civilians as they enter and leave post.**



Photo by Sgt. Susan Redwine



# f...Fort Huachuca



Photo by Spc. Joy Pariente

*Debbie Cornegay, caretaker at the Child Development Center, and Jayden Mitchell check out a giant plastic frog.*



Photo by Spc. Marcus Butler



Photo by Sgt. Susan Redwine

*(Above) Sgt. James Cook, drill sergeant, Company D, 309th Military Intelligence Battalion, motivates his Soldiers on their way to class. (Bottom Left) Cpl. Travis Nason, Company A, 309th Military Intelligence Battalion is takes time out of lunch for a work out at Eifler Gym.*

The "A day in the life of ..." feature covers interesting people, places and things around post. If you have suggestions for "A day in the life of ..." photo feature, please submit to [thescout@hua.army.mil](mailto:thescout@hua.army.mil).



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# Service News

## Navy Standing Up Provisional Unit to Provide Guantanamo Guards

For the next 18 months to two years, the Navy will be providing a large chunk of the guards at the U.S. enemy combatant detention facility in Guantanamo.

"Because it's a joint mission, the Joint Staff decided it was the Navy's turn to source some of the guard-force requirements," Navy Capt. Lewis Nygard, officer in charge of the Navy provisional guard force in Cuba, said.

The Navy guards in Cuba are members of the master-at-arms career field. Navy masters-at-arms specialize in law enforcement, security, force protection, and correctional custody. Nygard explained the detainee mission at Guantanamo Bay has subtle differences from their normal day-to-day duties.

"It's not a correctional job in which we're trying to rehabilitate a Sailor who has gone wrong and made a mistake and being disciplined for that mistake," Nygard said. "We're here for the safe and humane treatment of detainees for the period in which we're assigned the mission."

Sailors in the provisional guard force typically are deployed here for six months. Nygard said the Sailors arriving here now likely will be followed by at least two more rotations of other Sailors.

## Motomail comes to infantry division

The Marine Corps' newest way of staying in touch with loved ones, Motomail, has been extended to the Soldiers of the 2nd Battalion, 112th Armor, 36th Infantry Division.

"We're doing them a favor because they are doing us an even larger favor by putting their lives at risk guarding this base," said Master Sgt. Robert Simpson, the postal chief for Headquarters and Service Bn., 2d Force Service Support Group (Forward).

Motomail is a service to send letters to Marines via the Internet and have the Marine receive the letter within 24 hours. A family member or friend is able to logon to [www.Motomail.us](http://www.Motomail.us) and type letters to their Marine serving overseas. The letter is then downloaded and printed in a secure envelope and delivered to the Marine during mail call.

"No one ever sees what is in the letters," said Simpson. "The really cool thing is the person who sent the letter can go back to the site and see when it was downloaded and printed. It's communication for free; and it's nice to have that letter in your hand instead of always reading e-mail."

According to Simpson, the only glitch in the system is the Marines who are not always inside the wire

do not always get their mail within 24 hours.

The concept of Motomail came from the British Royal Marines, said Simpson, a Tonawanda, N.Y., native. "Since the base is 70 percent Army, we thought we could give the family members of the 2/112th another way to keep in touch with their loved ones. We proposed the idea to the [the battalion commanding officer], and he said that it was good to go."

"When a family member logs on, they choose from a list of addresses, and there is only one address for the Army, that's here," continued Simpson.

Camp Taqaddum averages about 400 pieces of Motomail in a day and the Army gets anywhere from 30 to 50 letters, according to Simpson.

"The 2/112th has been set up to use Motomail for the past two weeks," said Army Maj. Lloyd Waugh, executive officer the 2/112th and native of Cypress, Texas. "Motomail will have an impact on the morale of our troops moving forward; however, we have not been able to measure its success yet. This media should help our Soldiers and their families that do not have e-mail readily available in order to improve communications while deployed."

## Advertisement



# Ultimate sacrifice paid in support of OIF

**Sgt. James A. Sherrill**, 27, of Ekron, Ky., died Sunday, in Bayji, Iraq, when an improvised explosive device detonated near his military vehicle. Sherrill was assigned to the Army National Guard's 2113th Transportation Company, Paducah, Ky.

**Staff Sgt. Ioasa F. Tavae, Jr.**, 29, of Pago Pago, American Samoa, died Saturday, in Mosul, Iraq, when his unit was attacked by enemy forces using small arms fire. Tavae was assigned to the Army's 1st Battalion, 5th Infantry Regiment, 1st Brigade Combat Team, 25th Infantry Division, Fort Lewis, Wash.

**Lance Cpl. Tenzin Dengkhim**, 19, of Falls Church, Va., died Saturday as a result of hostile action in Al Anbar Province, Iraq. He was assigned to 2nd Light Armored Reconnaissance Battalion, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

**Cpl. Garrywesley T. Rimes**, 30, of Santa Maria, Calif., died Friday as a result of hostile action in Al Anbar Province, Iraq. He was assigned to 1st Battalion, 5th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton,

Calif. During Operation Iraqi Freedom, Rimes was attached to 2nd Marine Division.

**Sgt. Kenneth L. Ridgley**, 30, of Olney, Ill., died March 30 in Mosul, Iraq, of injuries sustained when enemy forces using small arms fire attacked his unit. Ridgley was assigned to the Army's 3rd Battalion, 21st Infantry Regiment, 1st Brigade, 25th Infantry Division (Stryker Brigade Combat Team), Fort Lewis, Wash.

**Spc. Eric L. Toth**, 21, of Edmonton, Ky., died March 30 on a supply route when an improvised explosive device detonated near his HMMWV. Toth was assigned to the Army National Guard's 1st Battalion, 623rd Field Artillery Regiment, Tompkinsville, Ky.

**Warrant Officer Charles G. Wells Jr.**, 32, of Montgomery, Ala., died March 30 as a result of hostile action in Al Anbar Province, Iraq. He was assigned to Marine Forces Reserve's 6th Motor Transport Battalion, 4th Force Service Support Group, Orlando, Fla.

**Pfc. Samuel S. Lee**, 19, of Anaheim, Calif., died March 28 in Ar Ramadi, Iraq, from non-combat related injuries. Lee was assigned to 1st Battalion, 506th Infantry Regiment, 2nd Infantry Division, Camp Greaves, Korea.



## Advertisement

# There'll be something for everyone at the Spring Festival

The Directorate of Morale, Welfare and Recreation will present the 2005 Spring Festival, April 29, 30 and May 1, at the R.L. Anderson Special Events Park, Fort Huachuca. The festival is open to the public, and there is no admission charge.

The hours will be: 4 - 10 p.m., April 29; noon - 11 p.m., April 30; and noon - 5 p.m., May 1.

There will be many attractions for the entire family including the City of Fun Carnival. Advance carnival tickets are on sale now at MWR Box Office, Desert Lanes, MWR Rents and Sierra Vista Safeway, at the price of \$6 for 10

tickets. During the festival, the cost will increase to \$8 for 10 tickets.

April 29, 6 - 10 p.m., free entertainment will be provided by three live bands. Performing in the bandshell will be: "American Accent," a pop-rock band that presents energetic, melodic rock, for a fun, up-beat sound; Jason Eller, who plays acoustic rock guitar, along with his rich vocals; and "Fat Rhabit," an original alternative rock band.

April 30, 7 - 11 p.m., you'll be able to enjoy the crisp Latin sounds of "Primo," also free of charge in the bandshell.

Some of the other activities to be held at the Spring Festival include: a hot dog eating contest, a softball tournament, a soccer

tournament, horseback lead-arounds, arm wrestling matches, amateur boxing matches and a paintball tournament.

Throughout the festival, there will be numerous food, craft and information booths for your enjoyment.

May 1 will be "Family Day" at the festival. From noon to 4 p.m., there will be special activities for youth, such as face

painting, a baseball throw, a jumping castle, laser tag, a Tae Kwon Do demonstration, soccer shoot, a jump rope competition and more.

For more information about the Spring Festival, call 538-1690.



## April special at MWR Rents

MWR Rents is offering the following special for the month of April: rent laser tag for the discounted price of \$75 for eight hours.

MWR Rents is located in Building 70914, on Irwin Street.

For more information, call Glen Barnwell at 533-6707.

## New class at the MWR Arts Center

MWR Arts Center will offer a basic cake decorating class in four, two-hour sessions, 10 a.m. - noon, this Saturday, April 16, 23 and 30. Cost of this class is \$50 and includes materials. Pre-registration is required. The instructor is Valerie Rice.

For more information, call 533-2015 or stop by the MWR Arts Center, located on Arizona Street, across from the Commissary.

## MWR Box Office to relocate April 18

MWR Box Office is moving and changing their name. The facility is currently located in Building 52008 on Arizona Street, across from the

Commissary. April 18, the Box Office will re-open as the Information, Ticket and Reservations Office, in the MWR Rents Building 70914, on Irwin Street.

The new location will offer more convenient access to the facility, with ample parking available at the front door.

After the move and the name change, ITR will offer the same services. Whether you're looking for tickets to an event, hotel reservations, information on local or distant attractions, or help planning your family's dream vacation, ITR can help.



ITR's current hours of operation are 9 a.m. - 5 p.m., Monday - Friday. For more information, call Brenda Briscoe at 533-2404.

MWR Rents will remain at its present location in Building 70914, since it offers ample space for both facilities to operate efficiently.

Watch for the two facilities to join forces in May, to provide expanded hours for all their customers.

## Softball coaches' meeting April 18

The coaches' meeting for the Spring Festival softball tournament will be held at 11 a.m., April 18, at Barnes Field House.

The single elimination tournament is open to the public, both male and female, 18 and older. The entry fee of \$125 per team is due at the coaches' meeting.

Entry forms are available at Barnes Field House, Eifler Fitness Center and the Oscar Yrun Community Center, Sierra Vista.

The tournament will be played April 30 and May 1 on Fort Huachuca softball fields. Awards will be presented to first and second place teams.

For more information, call Michelle Kimsey at 533-3180 or e-mail [michelle.kimsey@hua.army.mil](mailto:michelle.kimsey@hua.army.mil).

## Soccer coaches' meeting April 19

The coaches' meeting for the Spring Festival seven-on-seven soccer tournament will be held at 11 a.m., April 19, at Barnes Field House. The single elimination tournament is open to the public, 18 and older, and is coed. The entry fee of \$75 per team is due at the coaches' meeting.

Entry forms are available at Barnes Field House, Eifler Fitness Center and the Oscar Yrun Community Center, Sierra Vista.

The tournament will be played starting at 9 a.m., April 30 and May 1 at Bujalski Field, Fort Huachuca. Team awards will be presented to first and second place teams.

For more information, call Michelle Kimsey at

533-3180 or e-mail [michelle.kimsey@hua.army.mil](mailto:michelle.kimsey@hua.army.mil).

## Barnes Pool closed for swim meet

The pool at Barnes Field House will be closed April 23 to host the Thunder Mountain Aquatic Club Swim Meet. For more information, call 538-3858.

## Arm wrestling signup by April 26

The MWR Arm Wrestling Championships will be held starting at 1 p.m., April 30, at the Anderson Special Events Park, Fort Huachuca, during the Spring Festival.

Participants will be divided into men's and women's weight divisions, with right and left-handed competitions held in each weight division.

There is no entry fee, and awards will be presented to the finalists and champions in each category.

To register, come to the Sports Office at Barnes Field House, 7:30 a.m. - 4 p.m., Monday - Friday. You can also sign up by phone by calling George Thompson at 533-0040.

Entry deadline for the arm wrestling tournament is 4 p.m., April 26.

## Paintball tournament

It's time to get your teams together for the Spring Festival Paintball Tournament, to be held starting at 10 a.m., April 30 and May 1, at the Anderson Special Events Park, Fort Huachuca.

April 30, the tournament will be open only to military teams. Registration fee is \$100 for a three-person team.

May 1, the tournament is open to the public. The entry fee for open play is \$125, for a three-person team.

Military teams that play April 30 and wish to continue to play May 1, may do so for an additional \$50 fee.

Tournament fees include all-day air, and paint will be available at reduced prices.

For more information, call the Sportsman's Center at 533-7085.



# Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to [paula.german@hua.army.mil](mailto:paula.german@hua.army.mil) or visit us on the Web at [mwrhuachuca.com](http://mwrhuachuca.com).





## Movies

Hitch plays at 7 p.m. tonight at Cochise Theater. For the complete listing of this week's movies, see Page 28.

# Aquatic Club set to swim

BY AMANDA KEITH  
SCOUT STAFF

The Thunder Mountain Aquatic Club has begun their new season.

The club, a team of swimmers and divers ages 6-18, is preparing for their first meet later this month.

The group meets for practices four times a week, for two hours each practice (if a member is both a swimmer and a diver, they practice four hours each session). Competitions are also typically held on weekends, requiring the athletes to give up even more free time.

The Thunder Mountain Aquatic Club helps members become responsible young people, who will then become responsible young adults, Philip Cerami, the coach of the team, said.

Members all go through strength training and physical conditioning in addition to the dives (forward, back, inward/reverse) and strokes (freestyle, butterfly, backstroke and breaststroke) they must learn.

And the training doesn't stop at the pool; the team members are encouraged to follow a nutritional program to help them stay fit for meets.

But it's not all work; one of the goals of the program is for the club members to have fun, and once a month, the club hosts a fun night, where members meet but don't practice. Instead, the members can bring their friends to the "practice" for a night of frivolity and relaxation.

The club also involves the parents of the members; parents typically come to team practices and meets and even volunteer to videotape the meets. "Without the donated time [of the parents], I probably couldn't make this work," Cerami said.

The club members are divided into three categories for divers and six categories for swimmers. The divers groups consist of a Novice group, for those just learning how to dive, the Junior Olympic group, for those who want to compete at an advanced level, and the Elite Training group, for those "who wish to reach their fullest potential as a diver," according to the club's introductory packet.

The swimmers are divided into similar groups; the Introductory group, for those just learning to swim, the Instructional group, for those making the transition to competitive swimming, the Bronze group, for those just entering competitive sports, the Silver group, for those who seek a competitive but less intense program, the Gold group, which is the highest age group level for those training for U.S. swimming competi-

tions, and finally the Platinum group, the highest level in the club and for those who are competing at a high school level. Practices for the Thunder Mountain Aquatic Club take place from 5 to 9 p.m. on Mondays, Wednesdays, Thursdays and Fridays at Barnes Field House. The club is open to military and non-military kids and interested families are invited to attend practices and meets.



Photo by Spc. Marcus Butler

**Participants in the Thunder Mountain Aquatic Club train at Barnes Field House.**

# Soldiers get ready for Golden Gloves Boxing

BY SPC. MARCUS BUTLER  
SCOUT STAFF

Six Army athletes, including three nationally ranked female boxers, are slated to compete in Golden Gloves Boxing competition April 10 - 12 in Phoenix.

The boxers have been coached by Andres Portela for about two and a half months.

"It has not been really hard getting the athletes into shape for competition," Portela, former All Army Boxing coach from 1990 - 91 said. "It really depends on how much they want to win because they are already in good physical condition thanks to their Army training."

The Golden Gloves competition is really for experience first and foremost, he said. "This experience will prepare all the athletes for the next All Army Boxing trials. Secondly, the Golden Gloves competition is for the boxers to gain recognition. Lastly, this competition is to put Fort Huachuca boxing where it needs to be."

Fort Huachuca is the home of Army boxing. Many past and present Army box-

ing legends at one time in their career have graced the walls of the boxing facility on Fort Huachuca.

These have included Sugar Ray Leonard, Roy Jones and Oscar De La Hoya all of whom trained at Fort Huachuca.

This team was started because "this fort has the talent, but no one was here to teach them," said Portela. "I had the right coaches teach and mold me, so I wanted to give these athletes the same opportunity."

Going to the Golden Gloves is not just to teach the boxers how to fight but how to win, said Portela.

"I do this because anyone can go into a ring and fight but only those truly dedicated and focused can be winners," said Portela. "With this mentality, no matter if they win or lose in any of their fights, they are still winners."

The Golden Gloves competitions being held in Phoenix are the preliminaries, and if the boxers advance they will move on to regional competition in Las Vegas and then on to the championships in Little Rock, Ark.



Photo by Spc. Marcus Butler

**Courtney Davis, one of the fighters training for the Golden Gloves competition, practices combinations on the speed bag at Barnes Field House on March 24.**



# Exploring Arizona - wildlife safety

BY GEORGE R. COLFER, PHD  
CONTRIBUTING WRITER

With the advent of warmer weather, many people look to take advantage of Arizona's many outdoor recreational opportunities. With increased outdoor activity also comes the risk of greater contact with wildlife.

## SNAKES, SCORPIONS, SPIDERS:

Arizona's great outdoors includes a number of "creepy, crawlies." Some of these creatures can be venomous. Knowledge of snake and insect identification is helpful. The black widow and brown recluse spiders are venomous, the tarantula is not. The bark scorpion can inflict a painful sting. Ants, wasps and bees also sting. Africanized bees can be serious if they swarm and sting. Use caution around rocks, under wood and dead vegetation. Always check boots, gear, tents and sleeping bag for "critters."

The coral snake and several species of rattlesnake are venomous. Rattlesnakes normally will be heard before being seen, but don't count on it. Human beings usually approach or surprise snakes than vice-versa. Use caution in movement through rocky areas or high brush. Most snakes will try to avoid you and move on if left alone. Dogs and children can be curious. Dogs, not on a leash, will seek out snakes, unless they are specifically trained not to do so, and have been bitten. If the dog survives, the cost for rattlesnake anti-venom and treatment is quite expensive.

Emergency first aid treatment has changed over the years. The Web site of the American Family Physician [www.aafp.org/afp/20020401/1377ph.html](http://www.aafp.org/afp/20020401/1377ph.html) has an easy to read page on avoiding snakebite and what

to do in case of snakebite.

## BEARS, MOUNTAIN LIONS, OTHER MAMMALS:

An abundance of mammals are present in the high desert and mountains ranging from bats and small rodents to larger carnivores and hoofed mammals. Most avoid human contact. The exception may be the black bear in higher mountain ranges and the mountain lion. Encounters with these two species may present a dangerous situation.

Black bear adults weigh up to 400 pounds and stand about 5 feet tall. They can swim, climb trees and run up to 35 mph. Contact with them should be avoided. The Bureau of Land Management Web site offers a detailed page on dealing with bears that includes advice to never feed bears, and if camping, hang your food high on a tree limb. Keep food and "smelly" items out of tents and backpacks. Never approach a cub, keep dogs leashed, and if the bear is on the trail, get off and give it room to escape. If seen, make noise as not to surprise the bear. Never run or make any sudden movements. If you surprise a black bear and it charges, you may choose to "play dead," but if it attacks, fight back. ([www.ak.blm.gov/gdo/bearfacts.html](http://www.ak.blm.gov/gdo/bearfacts.html)).

Mountain lion encounters are more likely to occur if you are alone. The animals are nocturnal, seldom seen, very secretive and will normally avoid confrontation. They weigh about 120 to 180 pounds and can grow up to 6 feet in length. The presence of other wildlife may attract mountain lions as they consider them a food source. The lion likes to chase and catch moving prey. Danger signals are when the lions are active in daylight and show no fear of human beings. If spotted, the mountain lion has a

language by which to gauge its behavior.

The most informative source for this behavior is The South Dakota Division of Wildlife Web site at: [www.sdgifp.info/wildlife/mountainlions/language.htm](http://www.sdgifp.info/wildlife/mountainlions/language.htm). It states seven lion activities, their meanings, the human risk and appropriate response. The bottom line according to this site is, if attacked, fight back with whatever means available. Do not run or crouch. Try to appear as large as possible. Aggressive behavior on your part may deter an attack. Make menacing noises and try to stay above the lion. Above all, don't turn and run. Stay standing and face the attacking animal.

## HUMAN:

Encounters with other people on the trails are normally pleasant. However, there is a predator element in society and sometimes in the outdoors. Often one can tell a fellow hiker, biker or backpacker by the gear they carry with them. As you approach people on the trails, be friendly, but use caution and your "gut feeling" if things don't appear right. The areas of the Coronado National Forest, Huachuca Mountains and the trails of Fort Huachuca are frequently used for illegal migration activity. The U.S. Forest Service has issued

a travel caution for the Coronado National Forest as follows.

## TRAVEL CAUTION CORONADO NATIONAL FOREST

Forest visitors traveling in remote areas of the Coronado National Forest in the vicinity of the international Boundary adjacent to the Republic of Mexico are advised to remain alert to their surroundings as illegal smuggling activity is known to occur in those areas. Do not attempt to intercede if you witness illegal activity. Move to a safe area away from the activity and contact the nearest law enforcement agency with descriptions of persons, vehicles, date/time and other pertinent information. For emergency situations, on or off the military reservation, call 911 and they will direct the information to the proper agency or authority.

(Editor's note: George Colfer, the Scout's Fit for Life columnist, just finished a two-part series on getting in shape for hiking. The last part of his series dealt with this issue, but lack of space in last week's B section meant we had to cut this part.

Since this information is so appropriate, we've chosen to adapt it for us on its own here.)



**Beware of mountain lions and other creatures when hiking.**

Photo by Sgt. Susan Redwine

# Smith Middle School wins big at computer olympics

BY AMANDA KEITH  
SCOUT STAFF

A pair of local students took top honors in a computer olympics competition held at Cochise Community College recently.

Amanda Hatfield and Nicole Holloway, both 8th graders, earned gold medals at the computer olympics that were held at the college.

The event pitted students from local schools against each other in various categories of computer expertise. Hatfield took top honors in the Desktop Publishing Theory competition, while Holloway was the leader in the Home Page Design category. Both girls are students at Smith Middle School.

Other students from the school also

medaled. Angela Baldez, an 8th grader, won the silver medal for her work in the PowerPoint theory category and Jessica Creager, also in 8th grade, placed second in the Computer Keyboarding competition.

Creager also won a bronze medal in the Advanced Word Processing category, joining Holloway as a double medalist. Her second medal was for a third-place finish in PowerPoint Theory.

The school also walked away with five other bronze medals. Sean Hector, a 7th grader, finished third in the Word Processing Application category. Camrin Stonesifer, an 8th grader, won the bronze medal in the Home Page Design category. Alexandra Moore, an 8th grader, finished third in the PowerPoint Theory category. Sharlane King, an 8th grader, won the bronze medal in the Information Security Theory category, and Quait



Photo by Amanda Keith

## Camrin Stonesifer (left) and Jessica Creager both medaled in the Computer Olympics.

Dodson, an 8th grader, won the bronze medal in the JAVA theory category. The competitors also won 10 honorable mentions awards.

The computer olympics, held annually at Cochise College, is a competition between local schools (elementary, middle

schools and high schools) in such categories as Desktop Publishing, Computer Graphics and Home Page Design. Elementary and middle school students compete separately from high students.

The competition is divided into two fields: application and theory. Application competitions, such as PC repair, Word Processing and PC speed assembly, focus on practical applications of computer knowledge. Theory competitions, such as JAVA theory, programming and C++ theory, test the general knowledge of computer programs.

At this year's competition, which was held in March, 198 students from 12 schools (including Apache and Sierra Vista Middle Schools) competed. Smith Middle School students placed in 13 categories.

# Arizona Tourist

## Explore the desert mysteries of Colossal Cave

BY AMANDA KEITH  
SCOUT STAFF

Looking for an adventure off the beaten path? Colossal Cave Mountain Park, a 45-minute drive away from Fort Huachuca is one choice.

The feature attraction at the park is the Colossal Cave tour. This 45- to 55-minute tour features a half-mile walk up and down stairs in the cave. The tour is a nice way to escape the heat of the Arizona sunshine, and the cave stays 70 degrees year-round and the humidity is mild most of the time. If the tight spaces get to you, about 20 minutes into the tour, there is a turnaround area that will take you back to the surface.

The tour guides detail the history of the cave for the travelers, from the early beginnings when the cave was used by the Hohokam Indians, to the first tours of the cave given by Frank Schmidt. The guides also point out the unique features of the cave, such



**A walkway in Colossal Cave.**

as being able to walk under fault lines and the “bottomless” pit.

The guides also take the travelers through the main attractions of the cave, including the Crystal Forest and the Cathedral Room. They also point out some tourist-named attractions, such as the Cave Fish and “cave bacon” (American and Canadian).

Another feature of the cave is the Ladder Tour, a tour that takes a

traveler through a partially-improved area of the cave. Be prepared to do some climbing and clambering here. The Ladder Tour lasts an hour and a half and is only offered on Saturday nights. Reservations for this tour usually must be made two weeks in advance. Following the tour, the travelers are treated to a buffet dinner and a bonfire (weather-permitting).

The park also offers a Wild Cave Tour (unavailable at press time but should return soon) that takes the traveler through “unlit, unmarked, and rarely seen passageways that extend a quarter mile into the depths of the earth,” according to [www.colossalcave.com/explore.html](http://www.colossalcave.com/explore.html). This tour requires the traveler to be at least 18, physically fit and able to scale obstacles.

Another unique feature of the park is La Posta Quemada Ranch, a 128-year-old working ranch. The ranch offers attractions such as a butterfly garden, a tortoise habitat, a research library (open to the public) and a gift shop. Near the ranch are the Fresh Air Café and the Gemstone Sluice, which gives the traveler a chance to pan for gemstones.

Aside from the cave tours, the park offers camping (one night at a time), hiking, horseback riding (bring your own horse or use one of the ranch’s) and picnic areas. The grounds also offer the scenic views of the Sonoran Desert for amateur and professional photographers.

### Prices:

There is a minimum fee of \$3.00 for one car and up to six people. The guided



Photos by Amanda Keith

### **The Sonoran Desert as viewed from the Colossal Cave ramada.**

tour is \$7.50 for adults and \$4 for kids 6-12 (kids under 5 get in free). The Ladder Tour is \$35 per person and the Wild Cave Tour is \$55 per person.

Horseback trail ride prices are for a one hour ride, \$27 per person, for an hour-and-a-half ride, \$37 per person, for a two-hour ride, \$47 per person and for sunset rides, \$42 per person.

### Getting there:

Take Highway 90 to Interstate 10, and then take the Vail/Wentworth exit and for 7 miles, follow the signs to the park.



**One of the many featured rooms of the tour.**

## Advertisement

Advertisement



# Advertisement

## Pizza Delivery on Post

Popeye's Chicken and Anthony's Pizza at the Regimental Mini Mall, will be offering delivery on Fort Huachuca. Delivery hours will be from 4 p.m. to 8 p.m. Call 459-2378 to place your order today.

## Widowed Support Center

Our Center is located at the corner of Fry Blvd, and Buffalo Soldier, at the fort's Main Gate. It is truly OUR Center and is open to any and all widowed persons. We look forward to visiting with you, working with you, and will have a cup of coffee or tea waiting for you. Come by for a visit, come join the group of crafters on Wednesday, or come for our membership meeting on the second Tuesday at 3:00 pm. We are open from 9:00 am to 3:00 pm Mon through Friday or call 533-3807 for more information.

## Basketball Tournament

The Sports and Fitness branch of MWR will hold the "Spring Basketball Bash" beginning at 9 a.m., April 9 and 10. The tournament is open to all intramural level, active duty military teams. Format will be double elimination.

Teams that wish to enter the tournament need to submit an entry form and a \$100 entry fee. Trophies will be awarded to the first and second place teams at the end of the tournament.

For more information, call Michelle Kimsey at 533-3180 or e-mail [michelle.kimsey@hua.army.mil](mailto:michelle.kimsey@hua.army.mil).

## Huachuca Astronomy Club hosts events under the stars

On April 9th, and April 15, the Huachuca Astronomy Club will commemorate National Astronomy Week by hosting public astronomical viewing at Howard Field, Veteran's Memorial Park in Sierra Vista from 7 p.m. to 11 p.m. on each night. During these two evenings, weather permitting, astronomy club telescopes will be set up in Howard Field (the softball fields at the eastern end of the park) for the public. There will be views of the planets

Saturn and Jupiter, along with several very distant celestial objects such as star clusters, nebulae and distant galaxies. On April 15, there will also be telescopic viewing of the planets and a crescent Moon. Both events are free.

For more information, call Doug Snyder at 366-5788 or e-mail [hac@palominas.com](mailto:hac@palominas.com).

## Military Appreciation Weekend in Tucson

Two special events are open to the military at no cost on April 15 and 16 in Tucson. Families are invited to attend a baseball game on Friday, and NASCAR racing on Saturday.

Join the Sidewinders as they take on Salt Lake on April 15 at 6:30 p.m. at Tucson Electric Park.

Free passes, which admit as many as five people to the game, are available through the Public Affairs Office, Building 21115, at 3015 Carnahan Street. For information, call 533-1284.

For information about the Tucson Sidewinders, visit: [www.tucsonsidewinders.com](http://www.tucsonsidewinders.com)

Join other military NASCAR fans for a free night of racing on April 16 at Tucson Raceway Park. Tucson Raceway Park will honor free admission on April 16 for the following: active duty, military reserves, national guard, military retirees, Department of Defense Civilians, and Government Contract Employees. Just show government issued ID at the box office, one ticket will be issued for each ID presented, 11 years and under are always admitted free of charge.

For information about Tucson NASCAR, log on to: [www.tucsonracewaypark.com](http://www.tucsonracewaypark.com).

## Golf Scramble

The Greater Huachuca Men's Golf Club will hold a Golf Scramble on April 16 and 17, beginning at 8 a.m. at the Mountain View Golf Course. For more information, please call Nicki Wilson, 533-7088.

## Musical performance

"Chango Malo" will perform at the Buena Performing Arts Center at 7 p.m., April 16. Also appearing will be "Mankind." Tickets are \$10.00 and are being sold at a number of Sierra Vista locations. For more information, call 432-7839.

## Combat Medic Memorial Run

Raymond W. Bliss Army Health Center is hosting their 8th annual Combat Medic Memorial Run April 23. There will be a 10K and 5K run/walk.

The 10K portion will begin at RWBAHC at 7 a.m. and the 5K will begin at RWBAHC at 7:20 a.m.

Registration for this "challenging high desert course" will be \$10 if registered by April 9 and it will be \$12 to register on race day.

A commemorative long sleeved shirt is guaranteed to the first 100 registered. Trophies, statues and ribbons will be awarded.

For more information, call Sgt. 1st Class Philip Sloss at 533-0448, Sgt. 1st Class Faye Nugent at 533-8468 or Barbara Chavez at 533-8009.

## Sale at Sportsman's Center

The Sportsman's Center is offering 10 percent off all merchandise, including guns, ammunition; wild game calls, cleaning kits, and all other items in the pro shop. The sale will continue until all merchandise has been sold. For more information, call Mick Gue at 533-7085.



## Watch CAC

For the latest news in the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day. The Fort Report airs weekdays at 6 a.m., noon, 6 p.m. and 10 p.m. Army NewsWatch follows at 6:05 a.m., 12:05 p.m., 6:05 p.m. and 10:05 p.m.

If you're interested in posting your message on the Commander's Channel, e-mail your request to [channel97@hua.army.mil](mailto:channel97@hua.army.mil).



## Pets Of The Week



**Tuxedo** is a 3-year-old male black and white domestic shorthair.



**Sara** is a 12-month-old tan Pit bull mix. She is available to off-post residents.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit [forthuacupetfinder.com](http://forthuacupetfinder.com). In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

## At The Movies

Showing at the Cochise Theater for the next week are:

**Today -7 p.m.**

Hitch

PG-13

**Friday -7 p.m.**

Cursed

PG-13

**Saturday -7 p.m.**

Man of the House

PG-13

**Sunday -2 p.m.**

The Pacifier

PG

**Monday - Wednesday**

Closed

Reduced prices on Thursday evening and Sunday matinees.

# Ask The Dietitian

## Protect your bones

*Question: Do men need to worry about calcium?*

Answer: Calcium is a mineral that makes up a large portion of our bodies. Approximately 99 percent of calcium in our bodies is stored in our bones. We build bone from birth to our early 20's and peak bone mass is achieved by age 35. After age 35, we begin to lose bone strength as a result of the aging process. Both men and women require calcium for building and maintaining healthy bones. Consuming adequate amounts of calcium will help to decrease your risk of developing osteoporosis as well as providing protection against high blood pressure, heart disease and kidney stones. Recent studies even indicate those who consume a diet rich in low-fat dairy products may have more success with weight loss! The amounts necessary will vary based on age and whether or not you are pregnant or lactating.

Remember BOTH men and women require calcium.

Capt. Rodriguez is a Registered Dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to [jennifer.rodriguez1@us.army.mil](mailto:jennifer.rodriguez1@us.army.mil).



**CAPT. JENNIFER L. RODRIGUEZ**  
REGISTERED DIETITIAN



### Soccer stars

**Justin Lux, Headquarters and Headquarters Company, 111th Military Intelligence Brigade and Angelo Kent, Headquarters and Headquarters Company, U.S. Army Garrison battle for the ball. HHC 111th beat HHC USAG 2-0 Tuesday night at Pauley Field.**

Photo by Spc. Joy Pariente

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